



Talk Out
Loud
Australia
Est 2016

Sponsorship Opportunities Gala Ball 2023

Contact:

Mary Galouzis
CEO Talk Out Loud Australia
0467 485 880
info@talkoutloud.com.au
ABN: 66605035658



Talk Out Loud is a non-profit organisation that provides harm prevention initiatives, activities and programs targeted primarily at youth and young adults and their families. At Talk Out Loud our mission is to equip young people with the tools necessary to maintain a healthy mental, physical and emotional lifestyle using ongoing non-clinical therapies. Our team of volunteers is a vibrant and energetic young team who are passionate about removing the stigma associated with mental health. We encourage young people to find their voice and connect with other like-minded young people within a safe and inclusive environment.

What We Offer

- 1:1 non-clinical individual therapy sessions
- Motivational customised school presentations
- Youth Empowerment Camps
- Original theatre productions
- Interstate and international volunteer experiences
- Professional development and training workshops
- Wellness workshops every night
- Friday night social events for youth & young adults

Since 2016 our member base has grown to over 300 young people and their families, we have assisted over 1,000 youth on camps and retreats and reached over 4,000 students in our school presentations. Just over 70 people per week or 300 per month use our facilities for a diverse range of workshops and activities.



Talk Out Loud Australia

*empowering young people
to find their voice*

info@talkoutloud.com.au
0467485880

What We Do

- 1:1 non-clinical individual therapy sessions
- Motivational customised school presentations
- Youth Empowerment Camps
- Original theatre productions
- Interstate and international volunteer experiences
- Professional development and training workshops
- Wellness workshops every night
- Friday night social events for youth & young adults

Since 2016 our member base has grown to over 300 young people and their families, we have assisted over 1,000 youth on camps and retreats and reached over 4,000 students in our school presentations. Just over 70 people per week or 300 per month use our facilities for a diverse range of workshops and activities.



Our Board of Directors

MARY GALOUZIS CEO & Founder

JODIE NEVID Chairperson

GARY MCCOURT Vice Chairperson

MING LYN HII Secretary

DIANNE LOOYESTYN Assistant Secretary

LINDA JURY Treasurer

Our Values

The following values form the basis of all we hold true at Talk Out Loud:

- **Hope** - believing that recovery is possible for every individual
- **Respect** - valuing differences, seeing the whole person and not just the diagnosis
- **Inclusion** - understanding that everyone has a right to participate fully in society
- **Choice** - responding to the individual needs of each person who seeks our services
- **Empowerment** - focusing on people's strengths and potential, encouraging autonomy and responsibility



Our Young Volunteer Management Team

CONNOR WESTE

Volunteer Manager

KATE PASTRO

REAL TALK Coordinator/Youth Worker

DANIELLE BORG

Corporate Engagement Manager

GABRIELLE JURY

Social Media Manager

KERRY MCKIE

Marketing & Communications

About our Annual Gala Ball



TALK OUT LOUD ANNUAL GALA BALL **for youth mental health & suicide prevention**

Every dollar raised goes directly towards our programs and activities to raise awareness for youth mental health and suicide prevention.

Special guest performers will include the wonderful **MR BUZZY BIG BAND** and by popular demand the event will now be compered by our very own volunteer team.

Below are all the other details you need to know:

Date: 29 JULY 2023 (subject to change)

Time: 630pm - midnight

Price: \$200pp includes 5 hour drink package & 3 course meal

Venue: Donato's Reception Centre, Humphries Tce Kilkenny

Theme: BLACK & WHITE with a touch of blue

Dress code: Black Tie

Talk Out
Loud
Australia



PLATINUM Sponsorship Package \$5,000

- 8 complimentary tickets to the Talk Out Loud Gala Ball
- Opportunity to be a guest speaker
- Workplace Team Building day or Youth Mental Health First Aid training for 5-8 staff members
- Display a stand-up banner and/or booth at the event
- Your logo and business bio included in the official event program on every table
- Your logo included on the looped slideshow all night
- Social media posts acknowledging your sponsorship of the event
- Opportunity to provide 400 x samples, brochures, business cards, or other promotional material for the gift bags provided to attendees

Talk Out
Loud
Australia



GOLD Sponsorship Package

\$4,000

- 5 complimentary tickets to the Talk Out Loud Gala Ball
- Workplace Team Building day or Youth Mental Health First Aid training for 5 staff members
- Display a stand-up banner at the event
- Your logo and business bio included in the official event program on every table
- Your logo included on the looped slideshow all night
- Social Media posts acknowledging your sponsorship of the event
- Opportunity to provide 400 x samples, brochures, business cards, or other promotional material for the gift bags provided to attendees

Talk Out
Loud
Australia



SILVER Sponsorship Package

\$3,000

- 2 complimentary tickets to the Talk Out Loud Gala Ball
- Display a stand-up banner at the event
- Your logo & business bio included in the official event program on every table
- Your logo included on the looped slideshow all night
- Social Media posts acknowledging your sponsorship of the event
- Opportunity to provide 400 x samples, brochures, business cards, or other promotional material for the gift bags provided to attendees

Talk Out
Loud
Australia



BRONZE Sponsorship Package

\$2,000

- Your logo and business bio included on the official event program on every table
- Your logo included on the looped slideshow all night
- Social Media posts acknowledging your sponsorship of the event
- Opportunity to provide 400 x samples, brochures, business cards, or other promotional material for the gift bags provided to attendees

Talk Out
Loud
Australia



Category Award Sponsor \$500

“No award can be more prestigious for a volunteer than those awarded by their peers.”

Sponsoring an award allows you to position yourself as a genuine advocate for youth mental health and suicide prevention.

Sponsoring an award also strengthens awareness of your brand by presenting an award to one or more of the volunteer awardees.

The award categories are as follows:

- Commitment to Volunteering Award
- Leadership Award
- Resilience Award
- Biggest Heart Award
- New Volunteer Award
- Life Experience Award
- People's Choice Award
- Community Volunteer Award

For a detailed description of each category, please contact us for more information. Many of these awards will be presented at a separate event two months prior to the Gala Ball. Enquire now for details.

Talk Out
Loud
Australia



Thank you for your interest.
As a grassroots organisation,
your kind donation will directly
benefit our youth & young
adults to:

- meet other like-minded young people
- feel connected and valued without fear of judgment
- build a young person's self-help tools
- enhance resilience and self-esteem
- find their voice
- give a young person a reason to live

Thank you again and we look forward to working
with you in the near future.

Talk Out
Loud
Australia